

## Effectiveness studies Martinez and Schwarz 2008 / 2009



AS = Dr. Andreas Schwarz / JM = José Martinez // For details on the procedure and comments, see end.

| Criteria                                 | Test <sup>1</sup> | Conventional concrete   | NN concrete <sup>2</sup>  | Pneumatit® -Concrete   |
|--|-------------------|---|---|--|
| <b>OWN INTERNAL STATUS OF THE PANELS</b> |                   |   |   |  |
| <b>River / Sedimentation</b>             | JM1               | Crumbling processes take place, comparable to the physical events in old concrete. As if the sand wants to come loose.  | Stable, with intense, rotating activity. Warm. The connection between flow and sedimentation is maintained, although quite dry and firm. No plasticity. | The effect of Pnt is like actively lying down on the depth of a pond that gradually dries. The consistency resembles damp sand and is plastic. Great openness to the influence of forces from the (e.g. cosmic) environment.                       |
|  | AS                | Quite dense; tentative flow upwards and spreading laterally; not very stable.   | Very dense. Strong pressure from above. Energy flow hardly noticeable. Very stable.   | Body permeable, covering relatively dense; absorbs earth energy by feeling and distributes it harmoniously all around. Energy flow also vertical.  |
| <b>EFFECT OF THE PLATES ON HUMANS</b>    |                   |   |   |  |
| <b>Lymphatic system</b>                  | AS                | Glands first swelling up then down. Vessels slightly narrowed.  | Glands are wrung out. Vessels dilate.   | Glands and vessels work calmly and rhythmically.   |
|  | JM2               | The activated lymph from the metabolic space rises slowly, wave-like, but also descends wave-like into the lower limbs for deposition. Slow flow and congestion in the nerve pole. Overall, the lymph tends to congestion and deposition after its activation in the metabolic space. | The lymphatic system experiences an intensive activation, gains a blood dynamic and loosens the congested processes into an independent rhythm.         | The lymphatic system flows undisturbed, floating, independently with its dynamics between the "particles". There is a clear definition of the spaces: cell, interstitium (space between body organs or tissues), blood - a sign of etheric health. |



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| <b>Kreislaufsystem</b> | AS                | Blood appears condensed.<br>Arterial activity stronger than venous.<br><br>- causes congestion in the periphery.  | Blood pressure is increased.<br>Arterial activity increased upwards,<br>venous significantly inhibited.<br>- causes congestion in the head.   | Heart works quietly and evenly.<br>Arterial and venous activity balanced.   |
|                        | JM2               | The blood performs an expansive gesture out of the liver area and circulates in uneven whirls. Venous and arterial blood weave irregularly into each other as the blood pressure is distributed irregularly among the blood vessels, creating disturbances in the dynamics of the blood and the healthy circulation of the various tissues. | Venous and arterial blood qualities do not weave together, which disturbs the relation of the blood to the organs. The warmth character of the blood is maintained throughout the cycle without change, i.e. it does not breathe. The processing of the lymph contents is thus inhibited. | Clear division between venous and arterial blood. Calm flow. There is a breathing process in the heat balance of the blood. This ensures active physiology in all parts.  |
| <b>Nervous system</b>  | AS                | The peripheral nervous system is strongly activated, the central nervous system seems almost overwhelmed.   | The peripheral nervous system appears cold, the central nervous system strongly activated in the upper area (especially the left side of the brain).  | Peripheral and central nervous system as well as sympathetic and parasympathetic nervous system work well together.   |
|                        | JM2               | The nervous system experiences a kind of doubling and thus a loss of independence and wholeness as well as a restriction of its naturally breathing quality. The phases of wakefulness and sleep are mixed into a kind of somnambulence: ego-penetration and ego-absence as well as wakefulness and sleep occur at will, as it were.        | The nervous system is surrounded by a misty dark cushion of warmth (as if it were stuck in bacon), which probably consists of a slowed blood process. Toughness in the dura flow (cerebrospinal fluid). Radiation to the last (peripheral) neural connections is lost.                    | The nervous system is very centred and independent. It remains free, i.e. not interspersed with metabolic forces. It radiates from the centre and loses power towards the periphery, where it becomes blurred and somewhat dry. |



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| <b>Hormonal System</b>                            | AS                | Strengthens the abdominal and pelvic glands.<br>Energy supply decreases upwards  | Strengthens glands in the head area.<br>Very little energy in lower glands.  | All glands evenly supplied.<br>Balanced hormones.  |
|   | JM2               | Irregularities occur in the overall coordination of the hormonal system. The rhythmic intermittence in hormone formation is no longer completely present, nor is its dissolution in the water organism.  | The hormonal system is in a gentle, slow flow, closing in on itself and acting on the organs. It is somewhat slowed down, with a good relation to the water organism.  | The hormonal system is very active and has an undisturbed relationship to the water organism, its home. It differentiates strongly into the various functions and becomes colourfully intense. |
| <b>Heat<sup>3</sup></b><br>(Ethereic Body)        | JM1               | Throughout the body, the heat slowly rises - airy and increasingly weak. It lives on the life forces, as the metabolism hardly builds up any heat. It becomes increasingly dense and dark.   | The inner heat build-up radiates fluently from the metabolism to the periphery and closes the etheric shell very concretely and thoroughly. The heat has a mineral character and, having little relation to its own organic heat, tends to be toxic. | The heat flows from the metabolism into the limbs. It fills the etheric sheath, its quality remains stable.  |
|   | AS                | Slow warming effect over basal chakra.   | Body heat is concentrated in the upper body, legs and feet remain cold.  | Quickly warms the whole body through rising energy flow.   |
| <b>Life forces<sup>4</sup></b><br>(Ethereic Body) | JM1               | The vital forces move irregularly, their consistency is changeable, their movements are not very harmonious. After a few minutes there is a harmonising adjustment, but the tendency remains. The whole organ system has to make extra efforts to remain in a coherent wholeness. No penetration with consciousness. | The life forces flow delicately from the bottom to the top and back, somewhat strained and slowed down. They hold well over the minutes. But it seems that their access to the physical body is reduced. No penetration with consciousness.          | The life forces pass through the etheric body far into the periphery and are extraordinarily well permeated with consciousness.  |
|   | AS                | Slowly invigorates and strengthens, but causes an inwardly divergent flow of forces.   | Life forces crystallise, which leads to solidification over time.  | Strengthens vital forces in the whole body and on all levels gently and evenly. Any blockages are flowed through.  |



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| <b>Ratio Head / Body<sup>5</sup></b><br>(Astral Body)               | JM1               | The consciousness divides itself decidedly unfavourably between a nervous orientation outwards and a pent-up, tense orientation inwards. It is closed upwards and very active within itself. The bodily consciousness is strongly weakened.   | The exchange of head and body is like being tied up: The head gets as far as the rhythmic system, and the two parts of the body do not flow into each other. Overall, the processes of consciousness are in a state of congestion. | The head is in a state of being very calmly carried - a very beautiful image, an extension of the calmly carried embedding of the brain in the organism. Clear separation from the very active body function. Both work together in beautiful, harmonious harmony. Impressive presence of consciousness processes connecting the centre and the periphery. |
|   | AS                | Head/upper body and abdomen stretch apart.  | Concentration of energy in the upper body and head invigorates the left side of the brain, promotes concentration.   | Head and body are equally enlivened, which strengthens the I-consciousness.  |
| <b>Ratio Blood / Nerve<sup>6</sup></b><br>(Etheric and astral body) | JM1               | The blood becomes irregular in flow and dynamics. This has an unfavourable effect on the blood flow to the organs. The nerve processes freeze and also become irregular. In their physiology, they appear to become independent. This causes a kind of uncoordination between the central and peripheral nervous systems. | The nerve processes are anaesthetised. The blood breathes calmly, but with an unregular dynamic, and draws upwards overall. The nerve impulses are very shy.   | Blood and nerve impart their qualities to each other in a harmonious interpenetration. The nerve processes become calm and the blood processes establish a new connection to the physical.   |
|   | AS                | Has a polarising effect with simultaneous overweighting of the aspect nerve. Medium frequency level.  | Brings blood and nerve together almost compulsively (blood clamps nerve). Low frequency level.   | Blood and nerve are in harmonious, dynamic exchange. Increased frequency level.  |
| <b>Additional Comments</b>  | AS                | Aligns top and bottom differently. Can throw you off balance.   | Aims "doggedly" forward. Reinforces inner blockages by keeping them crystallised longer after leaving.   | The ego is refuelled with strength and joy. Favours letting energy flow out (especially also after leaving).   |



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### Notes

#### <sup>1</sup> **Information on the examinations**

| <i>Abbreviation</i> | <i>Researchers</i>               | <i>Date</i> | <i>Method</i> | <i>Explanations</i>   |
|---------------------|----------------------------------|-------------|---------------|---|
| AS                  | Dr Andreas Schwarz<br>Grabs (CH) | 06.05.09    | Supraphysical | Remote study with blinding, without test person. A map of Rheinau was sent to Schwarz by e-mail, showing the exact locations of the individual concrete slabs coded with numbers between 21 and 26. |
| JM1                 | José Martinez<br>Haria (E)       | 30.10.08    | Supraphysical | Both studies on site (Rheinau) with the same subject (male, *1955), without blinding.   |
| JM2                 |                                  | 25.05.09    | Supraphysical | Blinding made no sense: Pneumatit® developer Martinez had previously determined the plates correctly in the shortest possible time in various investigations (or mere identifications).             |

The two studies presented here together were of course carried out independently of each other, i.e. without knowledge of each other's results.

<sup>2</sup> In these and other studies, not only conventional and Pneumatit® concrete were compared, but also a concrete to which an additive with a similar objective was added in the prescribed dosage. For ethical reasons, the name of this product is anonymised here: **NN**.

#### **Information on the personal baseline status of the proband (\* 1955, male) at JM1**

- <sup>3</sup> Heat impulses radiate from the metabolism into the rhythmic and limb systems.  
The quality is very airy and with an abrupt, eruption-like dynamic (= personal characteristics).
- <sup>4</sup> The vital forces flow up and down in the usual course. They show an expansiveness corresponding to the age and no penetration with consciousness.
- <sup>5</sup> The head is autonomous. Its exchange with the body happens in a way that is characteristic of the time of day.
- <sup>6</sup> Nerve activity is active but irregular, and interacts with blood flow.  
This is delicate and airy, also somewhat irregular (= personal characteristics).